

Stay Up To Date In Our Community

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Starting on Page 7

The Causeway Gazette

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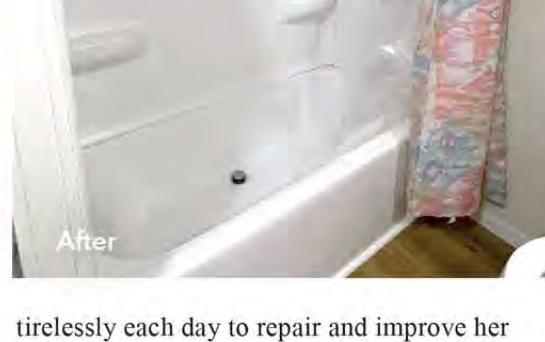
Gazette

December 2023 • Number 115

FROM VISION TO REALITY: Project Home Repair Delivers on Critical Home Repairs



Successful projects by Project Home Repair have been completed in Forked River and Whiting.



MANAHAWKIN, NJ – Project Home Repair, a partnership initiated by Causeway CAREs is proud to share the successful completion of the coalition's first two projects, signifying a remarkable achievement in its mission to address critical home repairs and uplift vulnerable populations in Ocean County. The work completed by Homes for All and Northern Ocean Habitat for Humanity, two of the coalition's organizations, showcases the transformative impact being made on the lives of individuals facing housing challenges.

In 2001, Rachel, a resident of Forked River, purchased her home. Over the past three years, she had been battling a persistent roof leak. As a single disabled individual working part-time as a teacher's aide, Rachel faced challenges maintaining her roof. The damage to her roof had reached a point where patching was no longer a viable solution. Overwhelmed by the extent of the damage and contemplating the possibility of selling her home, Rachel sought help from Homes for All, a member of the Project Home Repair coalition.

Homes for All is fully dedicated to providing affordable housing and support services for low and moderate-income families in local communities. They strive to ensure that everyone has access to safe and affordable housing. Through Home for All's expertise and the support of the Project Home Repair coalition, Rachel's home was able to receive the critical repairs needed. With the successful completion of this project, Rachel can now enjoy a safer and more secure living environment.

Under the experienced leadership of the coalition, the Project Home Repair team aims to enhance the health and safety of individuals residing in vulnerable homes.

Project Home Repair was introduced to Robin, of Whiting, when she reached out to Northern Ocean Habitat for Humanity, seeking assistance with a leaking roof. Recognizing the urgency and severity of the situation, Project Home Repair helped to fund the full replacement of Robin's roof. In addition to the roof replacement, the Northern Ocean Habitat for Humanity team undertook a comprehensive approach to address multiple safety repair needs in Robin's home. This included the rebuilding of front steps, repairing the flooring in the bathroom, and performing a tub-to-shower conversion.

Robin, overwhelmed with gratitude, expressed her appreciation through providing coffee and food for the dedicated volunteers who worked

tirelessly each day to repair and improve her home. This gesture not only highlighted the spirit of collaboration and community, but also underscored the positive impact that such initiatives can have on the lives of those they aim to assist. The Project Home Repair team received the following handwritten note from Robin after the completion of the work on her home.

Dear Project Home Repair,

I am so thankful and words cannot express how grateful I am for people like you.

Thank you a million times, Robin

"The success of these first projects is just the beginning of our efforts to address critical home repairs and positively impact the lives of those in need within Ocean County," stated Dave C. Wintrode, President of Causeway Family of Dealerships and Causeway CAREs.

The stories of individuals like Rachel and Robin serve as powerful testimonials to the effectiveness of the coalition's collaborative approach. As Project Home Repair celebrates these initial successes, the focus remains on the broader mission of improving living conditions for vulnerable populations. The coalition looks ahead with optimism, eager to continue its positive impact on the Ocean County community.

Project Home Repair

Critical Repairs for Safe & Healthy Housing

Project Home Repair is a collaborative effort between Homes for All, Habitat for Humanity of Southern Ocean County, Northern Ocean Habitat for Humanity and Starve Poverty International. The coalition aims to enhance the quality of life for the aging, disabled, and vulnerable populations of Ocean County by providing critical home repair services. Through collaboration, compassion, and community involvement, Project Home Repair seeks to make a lasting impact on the community.

HOMES for All

Changing Lives Through Affordable Housing For Over 35 Years

Northern Ocean Habitat for Humanity

About Project Home Repair

Project Home Repair is a collaborative effort between Homes for All, Habitat for Humanity of Southern Ocean County, Northern Ocean Habitat for Humanity and Starve Poverty International. The coalition aims to enhance the quality of life for the aging, disabled, and vulnerable populations of Ocean County by providing critical home repair services. Through collaboration, compassion, and community involvement, Project Home Repair seeks to make a lasting impact on the community.

About Homes for All

Homes for All, Inc. is fully dedicated to providing affordable housing and support services for low and moderate-income families in local communities. They strive to ensure that everyone has access to safe and affordable housing.

About Northern Ocean Habitat for Humanity

Northern Ocean Habitat for Humanity puts God's love into action by bringing people together to build homes, communities and hope. They work to improve the living conditions in need in the local community.



The Wintrode Family Foundation



Causeway CAREs' mission is to make a direct and profound impact in and around Ocean County in the areas of education, food security and quality of life. Founded in 2004 and funded by The Wintrode Family Foundation, Inc., Causeway CAREs strives to make the community a better place to live grow and thrive. To learn more, visit CausewayCAREs.com.

Driving change in our community.

CausewayCAREs.com

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The Causeway Gazette

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The Causeway Gazette please call 609.713.6706
or visit www.CausewayGazette.com
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Marketing: Bryan Whelan

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YOU CAN GIVE HOPE THIS HOLIDAY SEASON!

Season's Greetings!

As we approach the holidays, we want to take a moment to express our heartfelt gratitude for your continued generosity and corroboration. Thanks to your unwavering support we have grown and are now Family Promise of the Jersey Shore helping more families overcome homelessness all along the Jersey Shore!

We are now able to provide more support for those needing our prevention and shelter services. This year we have helped more than 3,200 of our neighbors battling the reality of homelessness through the strong support of donors like you!

Your donations also make it possible for us to provide families in our

programs with the basic necessities of life including meals, clothing, toiletries, laundry detergent, groceries and gas to get to work.

The need for our resources is greater now than ever. Over the past 12 months the number of calls we received from people asking for help has quadrupled! You can make a difference in the lives of local families with your gift.

As the need for our services continues to increase, we humbly ask for your support as we strive to make the future brighter for those in need. Your contributions, whether big or small, can help us provide housing stability and sustainability to families in our neighborhoods. Together, we can make this a time of giving,



I would like to support local families in need:

- \$50 gives a bag of toiletries
- \$100 gives a family of 4 meals for a week
- \$500 provides a family of 4 with clothing
- \$1000 provides housing stabilization
- \$ Custom Donation
- \$ a Month for 12 months.
- My check is enclosed, made payable to:

Family Promise of the Jersey Shore,
PO Box 83, West Creek, NJ 08092

"I didn't see a way out of our situation, but Family Promise gave us an opportunity to continue to grow together as a family in our home. We couldn't be more grateful."

Thank you to Family Promise!

Sincerely,

A Grateful Mother"



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compassion and lasting positive change.

YOU can give HOPE this holiday season!

You have the power to help hundreds of children and their families in Ocean County in 2024!

Together we can end family homelessness and provide stability to all children and their families.

With love and gratitude,

Elizabeth Golla

Executive Director

SAVE THE DATE

Beach Haven Women of the Moose Chapter 879

JANUARY 20, 2024

6:00 PM

SINATRA & PASTA

live entertainment by Sean Hanlon singing music by Frank Sinatra

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For Information and tickets
contact: Susan 551-404-7664
susancerniglia@yahoo.com or
kristin@hearts of mercy.org

HEARTS OF MERCY ANNOUNCES FUNDRAISER, SINATRA & PASTA

It's the most wonderful time of the year and there are plenty of wonderful things happening here at Hearts of Mercy! Our tutoring program is growing with new students all the time and we're seeing such improvement in them in every way!! Our art program is in its third year and it just gets better each time we offer it. Exciting things are planned for 2024 including a new mentoring program, some amazing guest speakers, another Art Program in the spring, and of course, our summer camp!

On December 11th, we held our Cookies & Cocoa Outreach in Barnegat where we handed out stuffed animals and school supplies, along with holiday treats. It was an amazing time and we thank everyone who stopped by to see our Love in Action!

Don't miss our fundraiser, Sinatra & Pasta, at the Beach Haven Moose in Manahawkin featuring Sean Hanlon singing Frank Sinatra on January 20th. Tickets will be available on our website and in the office. Please be sure to check out our Facebook and Instagram pages for more details on upcoming events!

We want to send a big THANK YOU to our wonderful sponsors and volunteers for their generous support. We now proudly display their logos on a beautiful banner outside our office. Stop by anytime and get more information at 364 N Main St, Manahawkin or go to www.hearts of mercy.org. Call 609-339-234.

HAPPY HOLIDAYS TO ALL!

Help us feed our community!



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 fulfill
MONMOUTH & OCEAN
HUNGER WON'T WIN HERE

Causeway Family of Dealerships

is collecting non-perishable food items for Fulfill!

Each showroom has a box for collections.

Needed items include:

- Canned tuna, chicken & salmon
- Canned veggies
- Cooking oils
- Shelf-stable milk
- Pancake mix & syrup
- Peanut butter & jelly
- Canned fruits
- Fruit juice
- Soups
- Canned meals
- Hot cereal
- Cold cereal



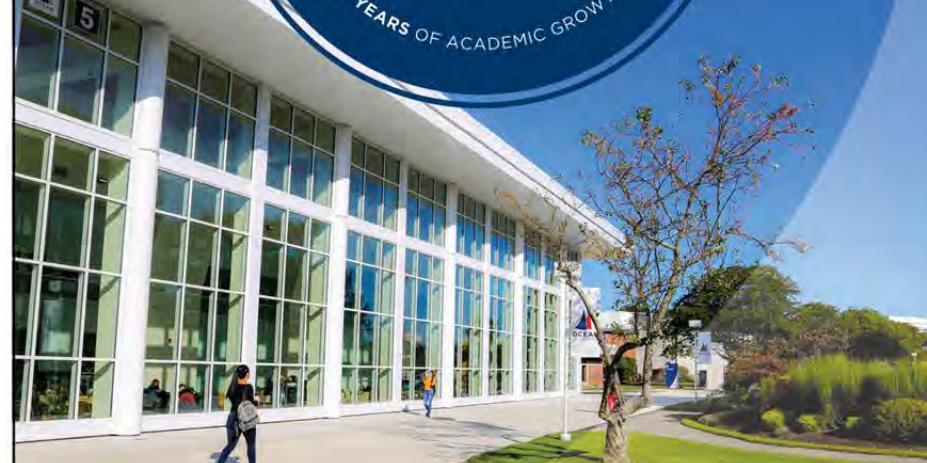
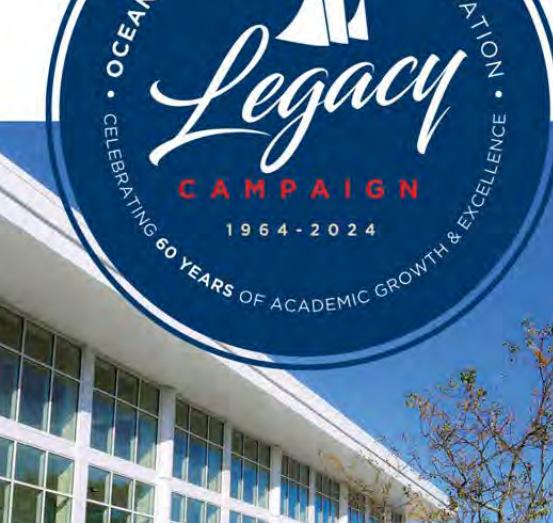
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SOUTHERN REGIONAL SPORTS BEAT



KEVIN KIERNAN

Soccer

Congratulations Southern Regional Boys Soccer Alum Kevin Kiernan currently at Drew University on being named to the United Soccer Coaches All Region team for the 2023 season. Photo Credit: Drew University Athletics Instagram page.

Football

Congratulations Southern Regional Senior Football player Alex Fowler on being named National Football Foundation - South Jersey Chapter Scholar Athlete recipient for the 2023-2024 school year. He will be honored at the chapter's annual banquet on Sunday, April 21, 2024. The annual banquet takes place at the Carriage House in Galloway, NJ. For more information, please visit the website at www.nffsj.com.

Field Hockey

Congratulations Southern Field Hockey Jess Bruther on being named All Shore Conference 1st Team for the 2023 season. Well deserved honor. Photo credit: David Biggy - The Sandpaper



Volleyball

Congratulations Southern Regional Girls Volleyball on defeating Williamstown 2-1 on Tuesday, November 7, 2023. With the victory, the Rams have won the 2023 NJSIAA SJ Sectional Group IV Championship. Congratulations, players, coaches, parents, alumni, and fans.

Cheerleading

Congratulations Southern Regional Cheerleading on qualifying for the UCA Nationals (in Orlando, Florida, February of 2024) at Cure Arena UCA Regionals in Trenton, NJ. Continued success to our cheerleaders and coaches.



Wrestling

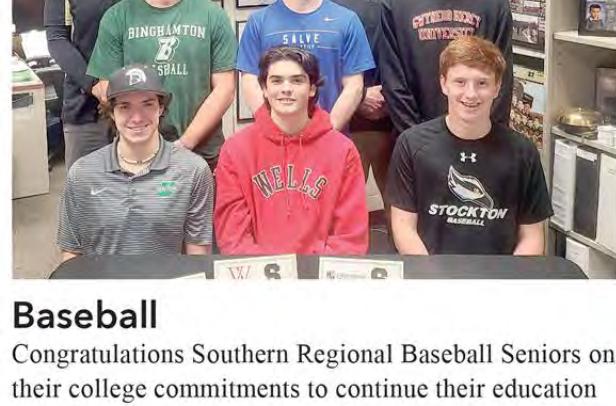
Congratulations Southern Wrestling Karley Perrini on her commitment to continue her education and wrestling careers at Del Val University. Best of Luck! Karley is pictured with her family, Head Coach Dan Roy & Assistant Coach Nick Herring

Wrestling

Congratulations Southern Wrestling Matt Henrich on his commitment to continue his education & wrestling careers at Virginia Tech University. Best of luck! Matt is pictured with his family and the Southern Coaches.

Field Hockey

Congratulations Southern Regional Field Hockey Seniors Jess Bruther, Emily Caporrino, Emme Beck and Brielle Romano on representing Southern in the Ocean County Senior All Star game, Tuesday, November 14, 2023 at Barnegat High School.



Baseball

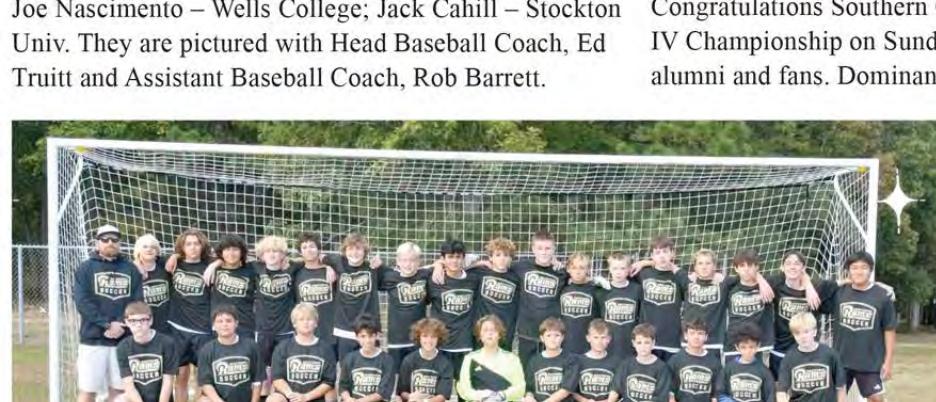
Congratulations Southern Regional Baseball Seniors on their college commitments to continue their education and baseball careers: Brady Lesiak – Binghamton Univ.;

Ray Mulhern – Salve Regina Univ.; Gabe Tomei – Gwynedd Mercy Univ.; Roger Dreher – Upstate Univ.;

Joe Nascimento – Wells College; Jack Cahill – Stockton Univ. They are pictured with Head Baseball Coach, Ed Truitt and Assistant Baseball Coach, Rob Barrett.

Volleyball

Congratulations Southern Girls Volleyball on defeating Morristown 2-0 and winning the 2023 NJSIAA State Group IV Championship on Sunday, November 12th at Franklin High School. Congratulations players, coaches, parents, alumni and fans. Dominant performance by the Rams!



Soccer

Congratulations Southern Regional Middle School Boys Soccer team on winning the 2023 OCIAL Red Division with an impressive 9-1 record. Congratulations players and Coach Roskey.

Field Hockey

Congratulations Southern Regional JV Field Hockey on defeating Middletown South 3-2 to win the 2023 TR South Underclassmen Tournament on Wednesday, November 1, 2023. Congratulations players and Coach Hart.

SOUTHERN REGIONAL SPORTS BEAT

Retirement

Congratulations Southern Coaches/Alumni Mike Jinks - 1985 & Paul Lovas - 1982 on your retirement at the end of the school year, June of 2024. Thank you for all you have done for Southern Athletics

and the Powder Puff program. They were presented plaques of recognition by teacher/class advisor/coach Mr. Mike Strada and Supervisor of Athletics Chuck

Donohue Jr. Coach Jinks and Coach Lovas were recognized at intermission of the 2023 Powder Puff games on Thursday, November 16, 2023.



GIRLS VOLLEYBALL FIRST TEAM
Molly Regulski
Southern

GIRLS VOLLEYBALL FIRST TEAM
Jordyn Hamlin
Southern

Volleyball

Congratulations Southern Regional Girls Volleyball Molly Regulski and Jordyn Hamlin on being named NJ.com 1st Team All State. Jess Smart named 3rd team All State. Well deserved honors for the Rams! Photos supplied by Nj.com. Southern is also named the #1 Girls Volleyball team for the 2023 season. Congratulations players, coaches, parents, alumni and fans!

Further congratulations to Molly Regulski and Jordyn Hamlin at Shore Coaches Volleyball Association Senior All Star game held Sunday, November 19, 2023 at St. John Vianney High School. Ocean County defeated Monmouth County 2-1. Special congratulations to Jordyn named Shore Conference Player of the Year and Coach Eric Maxwell named Shore Conference Coach of the Year.



Soccer

Congratulations, Southern Regional Boys Soccer Matt Hoosack and Jack Marano participating in the Shore Conference Coaches Senior All Star game - Monmouth County vs Ocean County on Thursday, November 30, 2023 at Capelli Field #4 in Tinton Falls, NJ. They are pictured with Coach Lockwood, Head Coach Rob Munoz and Coach Scalone.



Football

Congratulations Southern Regional Football players named Shore Conference All Freedom Division for the 2023 season: 1st Team Defense: Justin Silva, Armando Sanchez, Mike Zecena-Punter. 2nd Team Offense: Nick Roesch. 2nd Team Defense: Evan Wyrsch. Photos provided by Steve "Bubbs" Melega.

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A NEED WE FEED PROVIDED THANKSGIVING DAY MEALS

Over 300 Thanksgiving meals were prepared and delivered to A Need We Feed's weekly clients, Reformed Community Church, and Just Believe. There was turkey, thanks to everyone who donated turkeys, stuffing, mashed potatoes, gravy, green beans, cranberry sauce, cranberry juice, dinner rolls, and pie.

Special thanks to our volunteers, Board of Directors,



and staff. Ryan's Catering at Post 129 and their employees who arrived at 4:30 a.m. to prepare the food. And the American Legion for allowing us to use their hall.

We also want to thank Katie Cherney from Southern Regional Middle School and her Club Members, who

donated wrapped silverware and made handcrafted placemats. Gold Medal Bakery for donating rolls to go with every meal. Stop & Shop in Brick and Joanne Trust with T&M Associates for donating pie for everyone. It was a fantastic morning spent with old friends and new friends.

FROM YOGURT CUPS TO FRUNK TUB: FORD SNAGS SUSTAINABLE DESIGN AWARD



DEARBORN, Mich., Nov. 16, 2023 - The Society of Plastics Engineers has granted a team at Ford their sustainability award for its clever redesign of the Ford Mustang Mach-E® trunk insert.

A dedicated team simplified the trunk design and drastically increased post-consumer recycled content. Created from recycled packaging including and weighing the approximate equivalent of 115 post-consumer use yogurt cups, the trunk tub for the 2023 model year goes from six

pieces to one, reduces the weight by over 6.6 pounds, and drastically cuts the part cost.

"We are so proud of this team for seeking opportunities like this to deliver win-win solutions for the environment, customers, and Ford," said Donna Dickson, Mustang Mach-E chief program engineer. "Our customers love the Mustang Mach-E and this action is a great example of how we're not resting on our laurels, but working to make each aspect of the vehicle better every single day, whether that's new hardware like this change or over-the-air software updates."

Increasing the sustainability of plastics in vehicle design can help to make a beneficial impact on the environment – some estimates show that recycling plastic can reduce the carbon footprint of some plastics by 70-90%.

"Beyond reducing tailpipe emissions from our vehicles, we are committed to increasing recycled and sustainably sourced content in our vehicles," said Cynthia Williams, global

director sustainability, homologation and compliance at Ford. "Our aspiration is to use only recycled or renewable plastic content in our vehicles, and this innovation helps bring us closer to that goal."

Ford's goal is to achieve carbon neutrality across its vehicles, manufacturing facilities and global supply chain no later than 2050. Ford was among the first American automakers to include its global supply chain on the Manufacture 2030 platform, inviting 3,000 Tier 1 supplier sites to participate in the program designed to help them measure, mitigate and reduce emissions.

Between 2019 and 2022, Ford reduced its overall Scope 3 emissions, which include emissions from suppliers, products and other non-facility sources, by an estimated 23 percent.

To learn more about the Road to Better and Ford's commitment to building a more sustainable, inclusive and equitable

transportation future where every person is free to move and pursue their dreams visit sustainability.ford.com.



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\$28,990*	\$33,990*	\$33,990*	\$33,990*	\$33,990*
\$35,990*	\$39,550*	\$39,990*	\$39,990*	\$42,990*
\$44,250*	\$47,990*	\$48,990*	\$51,990*	\$57,990*

FINDING HOPE

NEW OCEAN COUNTY
ALL RECOVERY
FAMILY SUPPORT MEETING

This peer-led support group meeting is open to all individuals and families impacted by substance use disorder.

First Presbyterian Church
210 E. Main St. Tuckerton, N.J. 08087

2nd and 4th Wednesday
Of Every Month

6:30 PM - 7:30 PM

Starting Wednesday, February 8th

Please Contact - Nancy@HOPEShedsLight.org
For More Information!

HOPEShedsLight.org
732-244-0783 | nancy@HOPEShedsLight.org
2510 Apache Road, Manahawkin, NJ 08736 | 253 Chestnut Street, Toms River, NJ 08753

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Admission includes a full buffet, \$50.00 gaming chip, first beer or wine, and a DJ. Full cash bar available. Plenty of raffle baskets to win, silent auction, sports memorabilia, and Swarovski crystal.

EASILY ADD SOME GREENS TO YOUR EMPTY FLOWER POTS FOR THE HOLIDAYS

By Danielle Natale -
Causeway Honda Sales
Consultant

I absolutely love this time of year! I mostly enjoy how each house has its own holiday style. This year our goal was to clean up the outside and fill all of our outdoor pots with greens and twigs. I will probably add some lights over the weekend because my daughter adores Christmas lights!

Here are a few quick ways to fill up the flower pots around your yard for the holidays. You can use what is in your own yard, you can buy small bunches from your local garden center or the big box stores usually carry filler greens too.

Either way this is a really nice way to add some life to your otherwise empty pots.

I wish you all a Merry Christmas, happy holidays and a happy New Year!



OCEAN COUNTY LIBRARY TO BEGIN 2024 PROM DRESS COLLECTION DRIVE

TOMS RIVER – The spirit of giving continues after the holiday season winds down! All branches of the Ocean County Library will be collection sites for gently-used formal dresses and gowns during OCL's 2024 Prom Dress Collection Drive, January 2 through February 23.

The collection drive precedes the Library's next Prom Dress Giveaway in March 2024 in the OCL Toms River, Brick, and Little Egg Harbor branches. Donated dresses will be available free of charge for teen students in eighth through twelfth grades regardless of financial circumstances.

Short and long styles within the past five years are especially sought. Donors are asked to please contribute only dry cleaned items ready for prom wear. Accessories, shoes and purses are not eligible for donation.

For more information, call or visit any of the Ocean County Library's 21 branches and reading centers, or visit www.theoceancountylibrary/events.

OCEAN WEATHERIZATION PROGRAM HELPS RESIDENTS REDUCE ENERGY BILLS

The Ocean Inc. Weatherization Program in Ocean County, NJ is designed to address the needs of cost-burdened, low-income residents, unable to afford the added expense of repairing or replacing items in their home that if repaired or replaced, could help them reduce or eliminate high energy bills.

Eligibility is based on income guidelines. Program services include:

1. Energy audit
2. Broken glass repair
3. Weather-stripping and/or caulking of doors and windows
4. Insulating attics and crawlspaces
5. Replacement of primary doors and windows
6. Skirting mobile homes
7. Hot water heater jackets
8. Furnace repair or replacement
9. Hot water heater repair or replacement

Both the homeowner and the landlord are eligible for this program. If you or someone you know in Ocean County requires Weatherization services call (732) 244-8176 x 1261 for income-eligibility and program information. To learn more about the Ocean Inc. Weatherization Program, visit the Weatherization webpage at: <https://www.oceaninc.org/weatherization>



These services are provided to income eligible homeowners at no cost. Renters may also utilize Weatherization services.

For more information or to request an application, please call

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community
Action
Partnership



The Barnegat-based Walters and Southern Ocean's Family Promise of the Jersey Shore have teamed up this season to give back. (Walters)

100 HOLIDAY MEALS GIFTED BY WALTERS, FAMILY PROMISE

BARNEGAT, NJ — The Barnegat-based Walters and Southern Ocean's Family Promise of the Jersey Shore have teamed up this season to give back.

Walters, with Family Promise's help, put together more than 100 baskets with gift cards and non-perishable food items for residents within the firm's affordable housing apartment portfolio.

"Thanksgiving is all about giving back, and we are thrilled that this annual tradition has continued to grow and that we are able to support our residents," said Jennifer Pampalone, social services coordinator for Walters. "We received a tremendous number of donations and lots assistance from our staff, and with the support of Family Promise have been able to provide bountiful holiday dinners for dozens of households."

Family Promise is a nonprofit which works with faith and community-based organizations in all of Ocean County to provide temporary shelter, meals and supportive services to struggling families with children under the age of 18.

walters.

Family
Promise
of the Jersey Shore

Walters said that the firm is committed to giving back to its communities through philanthropic efforts, such as providing holiday gifts for lower-income families, offering year-round food/necessity pantries at its properties, and supporting wellness and education initiatives. Additionally, each year, Walters presents scholarships to graduating seniors in the Barnegat Bay area who plan to attend college.

Over the past two decades, Walters has developed affordable housing communities throughout New Jersey. Walters manages every aspect of development from design and construction to property management. The privately held firm says that it is committed to the highest construction standards and environmentally responsible building practices. Since 1984, Walters created three divisions—Walters Homes, Walters Architecture LLC and Walters Apartments.

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DRUNKEN DRIVING CRACKDOWN BEGINS IN BARNEGAT

The holiday "Drive Sober or Get Pulled Over" campaign has begun and Barnegat is one of the participating towns.

By Veronica Flesher, Patch Staff

BARNEGAT, NJ — Officials in Barnegat have started their annual holiday drunken driving crackdown, and have received money from the state to do so.

On Friday, Attorney General Matthew J. Platkin and the state Division of Highway Traffic Safety (HTS) announced the kickoff of the annual "Drive Sober or Get Pulled Over" Year-End Holiday Campaign. The effort, running through Jan. 1, is aimed at reducing the potential for fatal and serious accidents on New Jersey roads by heightening awareness about impaired driving.

More than \$795,000 in grant funding is distributed among 132 police agencies in New Jersey for the campaign.

Barnegat received \$7,000 in funding for the campaign.

Last year, 69 people died in crashes involving an impaired driver between Thanksgiving and New Year's Eve, officials said.

The extra financial boost will help police to conduct saturation patrols and sobriety checkpoints, officials said.

Platkin said the additional funds "will bolster enforcement efforts from our law enforcement partners to make our roads safer, safeguard families, and ensure everyone gets to celebrate the holidays surrounded by their loved ones.

patch.com

THE REVOLUTIONARY WAR SKIRMISH THAT HAPPENED RIGHT HERE IN BARNEGAT

By Veronica Flesher, Patch Staff

BARNEGAT, NJ — Travel nearly a mile down a dusty old road right off Route 72 and you'll find yourself at one of Ocean County's best hidden gems for history nerds.

Cedar Bridge Tavern, dating back to 1816, sits on five acres surrounded by the Pine Barrens. The tavern is on the National Register of Historic Places and marks an important 18th century crossroads for a historic stagecoach route stretching from the west to the shore.

But the site contains even more history than that - it's rumored to be the site of the final skirmish of the Revolutionary War.

The Affair At Cedar Bridge

If you have an interest in Revolutionary War-era history, you likely already know the storied past of the Jersey Shore's involvement during this time. You are likely familiar with the famous Battle of Monmouth, the war's longest battle, and local players such as Joshua Huddy. But are you familiar with Cedar Bridge?

Peace negotiations began in April 1782. By the same time next year, rumors of peace reached the colonies, according to an excerpt from "The Forgotten Years: From Yorktown To Paris 1781-1783" by Thomas P. Farmer, a local history book.

As the larger war played out, a smaller civil war of sorts was occurring in the now-Ocean County, according to Farmer. This involved Loyalist leader Capt. John Bacon and his band of Pine Robbers, and Patriot Capt. William Shreve and his men.

It is important to note that it is not confirmed that the skirmish took place at the Barnegat site, but Farmer noted that Bacon spent a lot of time in the lower part of old Monmouth County, which today is the Barnegat area.

On Dec. 27, 1782, Shreve, Capt. Edward Thomas and their men stopped at a tavern, possibly an earlier incarnation of the current building, to rest while searching for Bacon. The militia was looking for Bacon as a few months earlier, he had murdered about 20 American soldiers in what is now called the Long



Historic Cedar Bridge Tavern in Barnegat.

(Veronica Flesher/Patch)

Beach Island Massacre.

Bacon and his men arrived and barricaded the bridge, shooting at the militia, killing one and injuring four, according to the Ocean County Cultural & Heritage Commission.

Though Bacon had surprised the militia, they had the upper hand until local Loyalists showed up and joined in, shooting at the patriots.

Shreve's men had to focus on beating back the locals, which gave Bacon the chance to slip away in the pines.

But the locals surrendered to the militia, and some were captured and imprisoned in Burlington jail, according to a 1783 news article from the New Jersey Gazette.

Bacon was later caught and killed in a tavern around Little Egg Harbor in spring 1783. While Patriots had hoped to bury him under a busy road in Jacobstown so that Bacon would never be able to rest, per Farmer, Bacon's brother convinced them to let him take him and give the notorious Bacon a proper burial.

Today, the building still stands tucked away in the Pine Barrens as one of Ocean County's parks, with signs to educate visitors about its storied past.

And every year, the parks and recreation department hosts a reenactment of the skirmish at Cedar Bridge, so no one can forget this historic moment and the wealth of Revolutionary War history we have here at the Jersey Shore.

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for each additional household member add	\$6,136	\$512

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SENIOR CORNER

7 SECRETS OF RETIREMENT 'SUPER SAVERS'

By Tamara E. Holmes, AARP

Fifty-six percent of U.S. adults feel behind on saving for retirement, and more than 1 in 5 haven't contributed to their retirement savings in the past year, according to a August 2023 Bankrate survey. Respondents cited inflation and student debt as key drags on their ability to save.

Yet some Americans are not only staying committed to their savings goals in an uncertain economy — they're exceeding them.

These "super savers," as defined in an annual survey by Principal Financial Group, set aside 15 percent or more of their salary in retirement accounts or make 90 percent of the maximum retirement contribution set annually by the IRS.

The most successful retirement savers have cultivated certain habits that help them achieve their goals, financial advisers say. Here's what we can learn from them.

1. Start as soon as you can (but it's never too late)

For its 2022 study, Principal polled more than 1,100 investors ages 18 to 57 about how and how much they save. The survey found that many super savers start young, often taking a cue from thrifty parents, and stay the course, consistently setting money aside through good economic times and bad (see No. 2).

"Habits form early in life, and money habits are no different," observes David Peters, a senior financial advisor with CFO Capital Management.

That doesn't mean you can't learn to be a saver when you're older.

"Don't ever approach it as, 'I don't have time, or 'I started too late,'" says Sri Reddy, senior vice president for retirement and income solutions at Principal. "It's like exercise, stopping smoking or anything else. Even if you haven't done it your whole life, you're better off doing it now than not doing it."

2. Focus on the long game

Inflation up? Stock market down? Short-term volatility doesn't faze super savers. They might curb their spending when consumer prices rise or a recession looms, but they stick to their savings goals, or even ratchet them up. According to the Principal survey, 54 percent of top-level savers have been setting aside more money over the last two years. Nearly 3 in 5 expect to save more than \$20,000 for retirement this year alone. Amid a market



Mongkol / stock.adobe.com

downturn, those who continue to invest could benefit from rising stock prices in an economic recovery. With the Federal Reserve boosting interest rates in a bid to check inflation, this is also a good time to put money into savings, Reddy says.

"If you're a saver now you can earn 3, 4 or 5 percent," he says.

3. Set ambitious goals

The most successful savers think big, and their goals have increased significantly in the last two years, the Principal study found.

Nearly all of those surveyed — 95 percent — have increased their goal to feel more financially secure and hedge against future inflation. While having \$1 million in hand is often touted as a retirement benchmark, 29 percent of Gen X super savers and 35 percent of millennials say they aim to have at least \$3 million.

Setting a goal is one thing; funding it is another. One way to get there is to max out on tax-deferred contributions to a retirement savings plan.

For the 2023 tax year, you can contribute up to \$22,500 to a 401(k) or similar plan and up \$6,500 to an IRA, under IRS regulations. People ages 50 or older can make catch-up contributions that raise those limits to \$30,000 and \$7,500, respectively. In 2024, the caps go up to \$23,000 for a 401(k) and \$7,000 for an IRA (\$30,500 and \$8,000 for 50-plus savers).

4. Live — and spend — simply

The Principal study found that the best savers are strategic in how they spend. They are content to drive older vehicles or own a modest home. They travel less frequently than they might like, don't carry credit card debt and go the DIY route for household projects. Seventy percent have an emergency savings account with enough in it cover at least three months of expenses.

But not living like a prince doesn't mean you have to live like a pauper. Being thrifty in some areas makes super savers more comfortable splashing out in others, like dining out regularly or taking a deluxe vacation when they really want it. More than half of Principal respondents cited being able to splurge when they want to as a reason financial security is important to them.

5. Put saving first

"Most human beings spend what they need, then they look at, 'Do I have anything else left to save?'" Reddy says. "The super savers, one of the things that is innate to them is they prioritize saving first, then they spend everything else."

That means incorporating saving into your budget, like you do with bills. Know how much you can set aside each month and stick to it. If you're mid-career, "you probably have more disposable income now than you've ever had in your life" and can save more, Reddy says.

Putting savings first also means resisting the temptation to make early withdrawals from retirement accounts to cover big expenses like a dream vacation or a child's college tuition. Reddy recommends approaching such things in ways that allow your retirement funds to keep growing. For example, if your child takes out a student loan, you can help them repay it over time. Delay that big trip until you've saved enough cash to cover it.

The most effective savers "never say to themselves, 'Oh, I'm going to dip into my retirement accounts,'" Peters says. "They look at that as being off-limits."

6. Automate your saving

It might sound counterintuitive, but the best savers don't spend all their time thinking about how to save. "The folks that really do well when saving for retirement save without thinking about it," Peters says.

That's one of the big advantages of workplace retirement plans, which take money out of your paycheck and deposit it directly into an investment account. The most successful savers not only enroll in a 401(k) or similar plan if available; they preset their contributions to increase each year, says Mike Shamrell, vice president of thought leadership for Fidelity Investments.

With this "automatic escalation," you can set your pretax contribution to go up by, say, a percentage point each year, up to a maximum (typically 10 percent or 15 percent). Among Fidelity clients who boosted their contribution to a retirement plan in the third quarter of 2023, 73 percent had set the rate to increase automatically, Shamrell says.

7. Find multiple ways to save

The most effective savers look for more than one savings vehicle. An emergency account is important, but once it has enough to cover three to six months' living expenses, you may not need to keep pouring money into it, Peters says. You could plow those funds instead into a 401(k) or other retirement account that will provide a better return over time.

Once you've maxed that out, explore other vehicles such as annuities, mutual funds, brokerage accounts and certificates of deposit (CDs).

Health savings accounts (HSAs) are another option, utilized by nearly half of the savers polled by Principal.

If you have a high-deductible health plan, you can make pretax contributions to an HSA and withdraw from it at any time, tax-free, to cover qualified medical expenses, including deductibles and copayments. You'll pay taxes, and a tax penalty, if you take money out for other purposes — until you turn 65, after which you can withdraw from an HSA for nonmedical expenses with no penalty, just regular income tax.

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WEEKEND WARRIOR JUST AS HEALTHY AS EVERYDAY EXERCISERS

By Rachel Nania, AARP

It doesn't take much to derail a weekday workout: an unexpected meeting, family obligations, a last-minute dinner with friends. Before you know it, there's no time to squeeze in a spin class.

Sound familiar? Don't sweat it, says Wes Troyer, D.O., a physical medicine and rehabilitation specialist at the Mayo Clinic, as long as you're making time for exercise on the weekends. Accumulating research suggests that people who pack in the recommended weekly 150 minutes of physical activity over one to two days can reap the same health benefits as those who spread it out over the week.

"There's hope for people who are weekend warriors, or people that are putting in most of their time on the weekends," Troyer says — and the data suggests that's a lot of us.

A 2023 JAMA study of nearly 90,000 individuals found that roughly 42 percent of participants saved their workouts for the weekend, or at least condensed them to one or two days. And doing so still resulted in heart-health benefits.

Compared with inactive adults, the so-called weekend warriors had lower risks for heart disease and stroke, and these lower risks were similar to the benefits seen among individuals who distributed their exercise more evenly throughout the week. The weekend exercisers also had similarly lower risks of heart failure and atrial fibrillation, an irregular heart rhythm that can increase the risk of a cardiovascular event.

"Our findings suggest that interventions to increase physical activity, even when concentrated within a day or two each week, may [improve] cardiovascular outcomes," senior author Patrick T. Ellinor, M.D., acting chief of the Cardiology Division at Massachusetts General Hospital, said in a news release.

Another study, published this year in JAMA Network Open, found that adults who took at least 8,000 steps one or two days per week reduced their risk of dying from cardiovascular disease by 8.1 percent compared to less active adults. Study participants who hit the 8,000-step benchmark three to seven days per week cut their risk by 8.4 percent.

And a 2022 study published in JAMA Internal Medicine found that adults who were physically active, either throughout the week or just a few days a week, were much less likely to die prematurely than inactive adults. What's more, the weekend warrior study participants had mortality rates similar to those of the participants who had multiple workout sessions during the week, "suggesting that when performing the same amount of physical activity, spreading it over more days or concentrating it into fewer days may not influence mortality outcomes," the researchers note.

"Just getting exercise is the important part of all this," Troyer says, pointing to physical activity's ability to help prevent heart disease, diabetes and certain types of cancer. "It's not so much the number of days that you're doing it, but the amount of time that you're doing it — that's the important part."

Current guidelines say adults need at least 150 minutes of moderate-intensity exercise a week (a brisk walk counts) or 75 minutes of vigorous exercise, like jogging or playing tennis, plus at least two days of muscle-strengthening activity. Still, most adults in the U.S. fall short; more than 60 percent don't meet these recommendations, according to a report from the Surgeon General.

Staying injury-free

If going all in on the weekend sounds like a recipe for injury, know that the researchers from Massachusetts General Hospital who led the 2023 JAMA study found that weekend warriors were no more likely to pull, break or tear something than study participants who were active several days a week.

Still, if you decide to condense your workouts, there are some steps you can take to lower your odds of getting hurt. (If you're new to exercise or have any chronic medical conditions, Troyer says, you should start by talking to your health care provider about the safest way to be active.)

Warming up is important, Troyer says. He recommends starting a workout with dynamic stretching or by moving while doing a series of stretches — think of leg swings or side lunges, for example. This type of stretching has been shown to improve performance and reduce the risk of injuries.

Static stretching at the end of your workout is also important. It can help increase the range of motion in your joints, according to Glenn Shi, M.D., a Mayo Clinic orthopedic surgeon. Stretching can also keep the muscles from becoming tight and tense.

What's key to being an injury-free weekend warrior, however, is listening to your body and knowing when to switch up your routine — or back off completely.

If you like running or playing an intense game of basketball but back-to-back days don't feel great, opt for an activity that's easier on the joints when stacking your workouts, like swimming, biking or doing the elliptical. According to the Centers for Disease Control and Prevention, yoga, boxing with a punching bag, dancing, badminton, snorkeling, and some types of gardening and yard work all count as moderate-intensity activities too. "That way you can still stay active and get the benefits of the cardiovascular activity, but you're not paying for it later," Troyer says.

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BARNEGAT SPORTS BEAT



Athletic Leaders

Barnegat Athletic SR Winter Athletic Leaders attended a Leadership seminar sponsored by the Shore Conference, at Freehold township High School November 29, 2023. Pictured above from left to right and back to front: Jamri Smith, Gannon Pomphrey, Tara Charland, Julian Cruz, Tyler Finkle, Thalia Ariste, Yasmeen Muhammad, Alyson Sojak, Giana Germano



Volleyball

Congratulations to the Barnegat Girls Volleyball Team, NJSIAA South Jersey Group 2 State Sectional Champions

BARNEGAT SCHOOLS SPORTS BEAT



allrecipes.com

MOM'S POTATO LATKES

Latkes (potato pancakes) are a must-have at Hanukkah, but are really wonderful any time of the year! This is my mother's recipe, which is honestly the best potato latke I've had. I usually end up making a second batch because they disappear so quickly. I've tried other recipes and always return to this one. Lovely topped with sour cream or applesauce.

Ingredients:

3 cups shredded potato
½ cup grated onion
2 large eggs, beaten
6 saltine crackers, or as needed, crushed
½ teaspoon salt, or more to taste
¼ teaspoon ground black pepper
½ cup vegetable oil, or as needed

Directions:

Step 1: Mix potato, onion, eggs, crushed crackers, salt, and pepper together in a large bowl.

Step 2: Heat 1/4 inch oil in a heavy skillet over medium-high heat.

Step 3: Drop spoonfuls of the potato mixture, first pressing potato mixture against the side of the bowl to remove excess liquid, into the hot oil; slightly flatten the latkes into the oil with the back of your spoon so they are an even thickness.

Step 4: Cook in batches in the hot oil until browned and crisp, 3 to 5 minutes per side. Drain latkes on a paper towel-line plate.

Lacrosse

Congratulations to Alyson Sojak of Girls Lacrosse on her commitment to High Point University.



Golf

Congratulations to Yasmeen Muhammad of Girls Golf on her commitment to Delaware State University.

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For additional information on food resources, including food pantries: Call 2-1-1 or text your zip code to 898-211

NUTELLA PASTRY CHRISTMAS TREE

Ingredients:

1 (17.5 ounce) package frozen puff pastry, thawed
4 tablespoons chocolate-hazelnut spread (such as Nutella), or more to taste, at room temperature
1 egg, lightly beaten

Directions:

Step 1: Preheat the oven to 375 degrees F (190 degrees C). Line a baking sheet with parchment paper.

Step 2: Roll out one puff pastry sheet into a large rectangle on a lightly floured surface and place on the prepared baking sheet.

Step 3: Lightly score puff pastry into the shape of a Christmas tree (triangle) with a wide base. Spread chocolate-hazelnut spread over the triangle in a thin layer with the back of a spoon.

Step 4: Roll out the second sheet of puff pastry to a large rectangle and place on top of the first one. Carefully trace the shape of the chocolate-covered triangle underneath and cut out the Christmas tree shape and the trunk. Pull away excess pastry.

Step 5: Lightly score 2 lines down the middle of the triangle to form a tree trunk that is narrower at the top and gets wider towards the base. Using the trunk as a guide, cut branches into the sides of the triangle.

Step 6: Twist the branches away from you, trying to get in 2 turns on the lower branches. Continue moving up the tree, twisting away from you as you go.

Step 7: Cut a small star out of the excess pastry; place it on top of the tree. Brush the star and the whole tree with beaten egg.

Step 8: Bake in the preheated oven until puffy and golden brown, 12 to 15 minutes. Cool slightly, about 5 minutes. Slide onto a serving plate, using a piece of parchment paper if needed.



allrecipes.com

SURFLIGHT THEATRE ANNOUNCES 2024 SEASON OF 'BROADWAY AT THE BEACH'

By Veronica Flesher, Patch Staff

The island is quiet for now, but it won't be for long, as the Surflight Theatre kicks off its 75th season of Broadway at the Beach in 2024.

It starts Jan. 13 at 7:30 p.m. with their ever-popular Comedy Night. Later in the month the Beach Haven School will be presenting their school musical "Aladdin Jr." Jan. 26 and 27. Starlight Performing Arts will be presenting their show for student actors grades three through eight, "The Year of Frog and Toad Kids" on Feb. 2 and 3. President's Weekend we will see Winslow Music of the Eagles perform on Feb. 17 and 18. The full season is as follows:

"Million Dollar Quartet" - May 30-June 16

If you grew up listening to any of the hitmakers that were discovered by Sam Phillips, you won't want to miss out on seeing "Million Dollar Quartet." The musical "Million Dollar Quartet" is based on the auspicious meeting between four of the greatest rockers of all time in 1956 at Sun Records in Memphis. The men were Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley, and for one night only they jammed together.

"South Pacific" - June 19-July 7

During World War II, Nellie, a nurse from Arkansas, falls in love with a local French estate owner, Emile. Meanwhile, Lt. Joe Cable denies himself the fulfillment of a future with an innocent girl with whom he's fallen in love with. When Emile is recruited to accompany Joe on a dangerous mission that claims Joe's life, Nellie realizes that life is too short not to seize her own chance for happiness. An iconic song list includes: Some Enchanted Evening, Bali Ha'i, I'm Gonna Wash That Man Right Outta My Hair and many others.

"Footloose" - July 9-28

Big-city teenager Ren relocates from Chicago to the small rural town of Bomont, where its inhabitants have imposed an unjust ban on Rock & Roll and dancing. Feeling trapped and confused, Ren tries to fit in; however, he will soon find himself neck-deep in trouble when beautiful Ariel Moore, the preacher's daughter, catches his eye. Now, to convince the city council to lift the ban on dancing, Ren has no choice but to fight prejudice and the community's fire-and-brimstone preacher through dance. But is Ren fighting a losing battle?

"Titanic" - July 30-Aug. 18

Epic and majestic, with moments of heartbreak intimacy - the musical play examines the causes, the conditions and the



The island is quiet for now, but it won't be for long, as the Surflight Theatre kicks off its 75th season of Broadway at the Beach in 2024. (Google Maps)

characters involved in this ever-fascinating drama. This is the factual story of that ship—of her officers, crew and passengers – and the tragic story of the beautiful ship herself.

"Head Over Heels" - Aug. 20-Sept. 1

"Head Over Heels" is the bold new musical comedy from the visionaries that rocked Broadway with "Hedwig and the Angry Inch," "Avenue Q" and "Spring Awakening." This laugh-out-loud love story is set to the music of the iconic 1980's all-female rock band The Go-Go's, including the hit songs, "We Got the Beat," "Our Lips Are Sealed," "Vacation," Belinda Carlisle's "Heaven is a Place on Earth" and "Mad About You." A modern musical fairy tale where once-upon-a-time is right now, it follows the escapades of a royal family who set out on a journey to save their beloved kingdom from extinction. New York Magazine calls it "a clever, delightful, bubbly, exuberant party!"

"Hoagy Carmichael's Stardust Road" - Sept. 4-15

"Hoagy Carmichael's Stardust Road" is a new musical journey that tells the story of six friends and the one man who brought them together. The musical is told completely through the sophisticated music of Hoagy Carmichael. The seven friends weave a story of camaraderie and shifting relationships through four decades in America: the early years of ragtime, jazz and blues; the romance of New York in the 1930's; the tumultuous and uncertain years of the World War II era; and the post-war Golden Age of Hollywood—all while walking down Hoagy Carmichael's Stardust Road.

"The Great American Trailer Park Musical" - Sept. 18-29

At the Armadillo Acres trailer park in Starke, Florida, high school sweethearts Norbert and Jeannie have settled into a loveless marriage, complicated by Jeannie's unwillingness to leave her trailer since the abduction of her son two decades prior. Norbert has purchased tickets for the couple to watch

the Ice Capades as a present for their upcoming anniversary, in hopes of coaxing Jeannie out of the trailer. Soon arriving in town is Pippi, a stripper on the run from her abusive boyfriend, hoping the drama at Armadillo Acres will distract everyone else from her plight to allow her to live in peace.

"Steel Magnolias" - Oct. 2-6

Truvy Jones runs a successful beauty salon in Chinquapin, Louisiana, where all the ladies in the neighborhood have a standing Saturday appointment. Along with her anxious and eager assistant, Annelle, Truvy styles the hair of many of the women about town. As the women of Chinquapin make their way over life's many hurdles together, they find comfort (and a fair amount of verbal ribbing) in one another.

"Daddy Long Legs" - Oct. 9-13

Jerusha Abbott is the "Oldest Orphan in the John Grier Home" until a mysterious benefactor decides to send her to college to be educated as a writer. Required to write him a letter once a month, she is never to know the benefactor's identity – so she invents one for him: Daddy Long Legs. It is a "rags-to-riches" tale of newfound love. Features music and lyrics by Tony Award-nominated composer/lyricist, Paul Gordon ("Jane Eyre"), and Tony-winning librettist/director, John Caird ("Les Misérables").

"Miracle on 34th Street the Musical" - Nov. 30-Dec. 15

Single mother, Doris Walker, doesn't want her six-year-old Susan's head filled with romantic notions. Their neighbor, Fred Gailey, tries to woo Doris by charming Susan and taking her to see Santa Claus at Macy's, where Doris works. Doris is not impressed, but when it turns out that Macy's Santa may, in fact, be the real Kris Kringle, a wave of love spreads across New York City that melts even the most cynical hearts. Filled with humor, spectacle and such beloved songs as "Pinecones and Hollyberries," "It's Beginning to Look a Lot Like Christmas" and "My State, My Kansas," this joyous, heartwarming musical is pure family entertainment.

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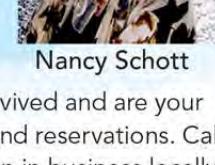
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(Dec 7-14, 2024)

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— Hans Christian Andersen

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2 NEW HEALTHY EATERIES COMING TO SOUTHERN OCEAN

By Veronica Flesher, Patch Staff

WARETOWN, NJ — Good news for those who want a quick bite to eat but don't want another pizza or bagel - there are two new healthy eateries coming soon to Waretown.

Saladworks and Frutta Bowls are both set to open at 501 Route 9 in Waretown, according to each of the restaurant's websites. The plaza is home to ShopRite, as well as the recently-opened Bloc Dispensary.

However, no official opening dates have been named. Both the Saladworks Waretown Facebook page and the Frutta Bowls website list the two spots as "coming soon."

As the name would suggest, Saladworks is known for its salads, but the fast casual restaurant also serves grain bowls and wraps. They boast the usage of "fresh food and ingredients" and the options are customizable.

Frutta Bowls is best known for its Instagrammable acai bowls, which like Saladworks, are able to be customized with a variety of bases and toppings. Smoothies and toasts are also available.

Currently, the closest Saladworks is in Toms River, as is the closest Frutta Bowls.



The 2024 Hyundai IONIQ 6 - hyundainews.com

HYUNDAI'S IONIQ 6 NAMED FINALIST FOR NORTH AMERICAN CAR OF THE YEAR

LOS ANGELES, Nov. 16, 2023 – Hyundai's award-winning IONIQ 6 electric vehicle has been named a finalist for the coveted 2024 North American Car of the Year Award (NACTOY). Award finalists were announced at a Los Angeles Auto Show press conference today.

Fifty journalists from the U.S. and Canada make up the NACTOY jury, representing dozens of leading automotive outlets from print, online, and broadcast media. Jurors are required to evaluate all eligible new vehicles over the course of the year.

The IONIQ 6 has received numerous accolades since its debut, including 2023 World Car of the Year, World Electric Vehicle, and World Car Design of the Year, as well as Car and Driver's EV of the Year. In addition, IONIQ 6 is the highest-rated EV car in Consumer Reports and its all-electric powertrain has been recognized as having one of the 2023 Wards 10 Best Engines & Propulsion Systems.

"Hyundai continues to strive for excellence, and being named as a finalist from NACTOY reinforces our hard work and dedication, not only in the EV segment, but also the passenger car market," said Olabisi Boyle, vice president, product planning and mobility strategy, Hyundai Motor North America. "We believe in providing customers with a safe, enjoyable, and reliable experience while on their journey within a Hyundai product. We are extremely proud that the IONIQ 6 has achieved such significant recognition alongside other top-tier rivals."

The IONIQ 6 is equipped with the latest technology and ultra-fast 800-volt/350kW charging capability that can charge the battery from 10 to 80 percent in as little as 18 minutes using a 350kW DC charger. Hyundai recently announced 2024 model year pricing, and IONIQ 6 is launching with a repackaged SE Standard Range model carrying an MSRP starting at \$37,500. The top-of-the-line Limited AWD with the larger battery pack has an MSRP starting at \$53,650.

The IONIQ 6 includes several unique features that help it stand apart from other EVs including:

Awarded a TOP SAFETY PICK+ designation from the Insurance Institute for Highway Safety (IIHS).

A particularly generous 116-inch wheelbase gives plenty of room to all occupants, especially those in the rear.

The ultra-low drag coefficient of 0.22 is achieved by active air flaps, full underbody covers, wheel-gap reducers and an elliptical spoiler and winglet.

Aerodynamic machined 18- or 20-inch alloy wheels look great while also helping to achieve an ultra-low drag coefficient.

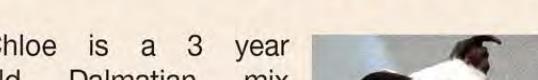
"The three finalists are similar in that they are all outstanding vehicles, aimed at the heart of the market," said Jeff Gilbert, president, NACTOY. "Our juror's decision to include the IONIQ 6 among the finalists shows how battery-electric vehicles are becoming mainstream and are able to compete with the best-of-the-best."

Winners for the 2024 North American Car, Truck and Utility of the Year Awards will be announced at a special event in Metro Detroit on January 4.

Furry Friends

Who Need Fur-Ever Homes!

This very handsome boy is August. He is a 5 month old Grey & White Tuxedo kitten with the cutest little white mitted paws who is currently in one of our foster homes waiting for a home to call his own. He is a playful boy who loves his kitty toys and loves to follow his foster Mom around in search of pets. He keeps his foster family laughing with all of the funny positions he likes to sleep in. He loves his cat tree and gets along with the other cats in his foster home. He can come across as shy with new people at first, but once he knows you, he is a lover. He is neutered, has had age appropriate vaccinations, tested negative for FIV and FeLV and microchipped. If you would like to meet August, please fill out an application online at Fosocas.org and his foster Mom will contact you for a meet and greet in her home in Manahawkin.

**August**

Chloe is a 3 year old Dalmatian mix who absolutely loves everyone she meets. She would love to have a new family for Christmas who will take her for long sniffy walks in the park to play with new friends, humans, and dogs and cats.

**Chloe**

Chloe is a smart girl who listens well, and walks well on a leash. She enjoys car rides and swimming pools. She doesn't let her size stop her from her dream of being a big baby in someone's lap. Who wouldn't want a warm, snuggly dog to curl up with by the fire on these cold winter nights? If you would like to meet Chloe, she is currently at the So. Ocean Co. Animal Shelter, 360 Haywood Road, Manahawkin. 609-978-0127. Let's find this girl a home for the holidays.

If you are looking to adopt, have questions or want to volunteer please call:

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Please call the Southern Ocean County Animal Shelter to make an appointment!

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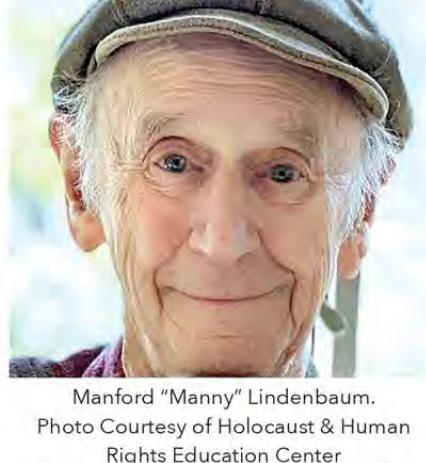
HEAR HOLOCAUST SURVIVOR'S TALE AT TOMS RIVER BRANCH

TOMS RIVER – His kindly face and manner reveal nothing of the horrors Manny Lindenbaum and his family endured early in his life which remain relevant today. The Ocean County Library invites you to “Combatting Hate: A Conversation with Holocaust Survivor Manford Lindenbaum” in the Toms River Branch, 6:30 PM Tuesday, January 16.

The Jackson resident will speak candidly of the anti-Semitism that he and his family faced in their native Germany, what became of his family, and the ordeal of escaping oppression as a boy younger than 10 years of age.

Born in the town of Unna in 1932, Manny faced an uncertain future when his father was arrested. He and his siblings were placed with a non-Jewish family while his parents, Otto and Frieda Lindenbaum, and sister Ruth were destined for the infamous Auschwitz prison camp.

Manny and his brother escaped to Poland where they found a path to survival in the Kindertransport (1938-40), which relocated thousands of refugee children



Manford "Manny" Lindenbaum.
Photo Courtesy of Holocaust & Human Rights Education Center

to Great Britain. Manny emigrated to the United States in 1946. He and his brother were taken in by an aunt and uncle who owned a chicken farm. He has lived in Ocean County since 1960.

Please register at <https://bit.ly/OclTrCombattingHate> for this free program. For more information, stop by the OCL Toms River Branch, 101 Washington Street, call (732) 349-6200, or visit www.theoceancountylibrary.org/events.

WARETOWN BRANCH TO PRESENT FRED MILLER'S 'AN AMERICAN CHRISTMAS'

WARETOWN – The Ocean County Library Waretown Branch is pleased to present popular Jersey Shore pianist and storyteller Fred Miller's "Lectures in Song: An American Christmas," 12 PM Saturday, December 23.

Fred's program projects the spirit of all faiths through the mystery and beauty of ancient carols as well as the sprightly songs of the past century, along with poems, anecdotes, and observations that inspire the anticipation, magic, and reverence of the season.

Highlighting the program will be an extensive audience sing-along featuring all the great Christmas classics and the moving story behind the writing of Irving Berlin's "White Christmas."

The New Jerseyan with New Mexico roots built his career in grand opera, classical and chamber works, and musical comedy before gaining fame as a popular song exponent and authority. "An American Christmas" is one of his more than 70 "Lectures in Song" that



Fred Miller
Photo courtesy of Fred Miller

commemorate significant personalities and events in American music history.

Fred is also the founder of the Copper Penny Players, a 10 week course that affords participants the enjoyment of singing regardless of musical experience or ability.

Seating space is limited. Please register at <https://bit.ly/OclWaretownFredMiller> for this free program. For more information, stop by the OCL Waretown Branch, 112 Main Street, or call (609) 693-5133.

KAYLEE MCGRATH'S "LANDSCAPES & NATURE" COMING TO LITTLE EGG HARBOR BRANCH

LITTLE EGG HARBOR – The Ocean County Library Little Egg Harbor Branch is pleased to present "Landscapes & Nature," an exhibit by Ocean County photographer Kaylee McGrath, plus a display of her images of Ireland, throughout the month of January.



"Landscapes & Nature" will occupy the Branch meeting room. Kaylee's photos of rustic Ireland will be housed in glass display cases in the main portion of the Branch.

Kaylee became interested in photography while attending Barnegat High School. She simultaneously studied multimedia arts and business technologies at Ocean County Vocational-Technical School, under the New Jersey Board of Education's Super Senior Program, from 2013 to 2018.

The artworks on display reflect Kaylee's affinity for landscapes and nature. Kaylee achieves modern imaging and traditional styles of portraiture using a full-frame mirrorless camera and mobile photography techniques.

Kaylee's photography is regarded as calming and therapeutic, while providing an honest look at life and nature.



The exhibits are free and open to the public during regular Branch operating hours. No registration is needed to view the displays.

For more information, visit www.theoceancountylibrary.org/events, drop by the OCL Little Egg Harbor Branch, 290 Mathisstown Road, or call (609) 294-1197.



Kaylee McGrath, pictured above, "Ocean Lighthouse, Newport, Rhode Island" at far left, and "Malahide Castle" at left.

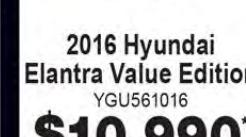
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2012 Ford Escape SE
FADL24482

2014 Ford Fusion SE
FADL24482

2016 Toyota Camry SE
HAA038563

2017 Ford Edge SEL
FADL24482

2018 Toyota Corolla SE
HAA038563

2019 Toyota Corolla SE
HAA038563

2020 Toyota Corolla SE
HAA038563

December to Remember!

Pre-Owned Special Savings

2016 Lincoln MKC Reserve NGUJ26683	2015 Mercedes-Benz GLK 350 4MATIC® FFG441489	2016 Honda CR-V EX HGH667247	2017 Hyundai Tucson SE NNU539273	2014 Honda CR-V EX NEL017372	2017 Honda HR-V EX-L w/ Navigation FHM718630	2017 Honda Ridgeline RTS HHB034595
\$17,990*	\$18,990*	\$18,990*	\$18,990*	\$19,990*	\$19,990*	\$19,990*
2017 Hyundai Santa Fe Sport 2.4 Base NHH009883	2018 Hyundai Tucson Value YJU701741	2020 Honda Civic LX HLH546945	2020 Hyundai Tucson Value YLU184012	2021 Toyota Corolla SE NMJ066733	2020 Hyundai Tucson Sport YLU192437	2021 Nissan Rogue Sport SV NMW667895
\$20,990*	\$20,990*	\$20,990*	\$21,990*	\$21,990*	\$22,550*	\$22,990*
2011 Nissan 370Z Base FBM550655	2019 Ford Edge ST FKBB52027	2019 Honda HR-V Sport NKG731225	2022 Honda HR-V Sport HNM769359	2017 Ford Mustang V6 P84595	2020 Hyundai Tucson Sport YLU194952	2021 Honda HR-V Sport YMM740372
\$23,990*	\$23,990*	\$23,990*	\$23,990*	\$24,990*	\$24,990*	\$26,990*
2022 Hyundai Kona SEL P84540	2021 Nissan Rogue SL YMC692987	2022 Honda Civic Sport HNH600584	2022 Honda Civic Sport NNH535463	2016 Ford F-150 XLT FGFB18718	2016 Ford Flex Limited w/ EcoBoost FGFB18718	2021 Honda CR-V Hybrid EX HME012995
\$26,990*	\$27,990*	\$27,990*	\$27,990*	\$28,550*	\$29,990*	\$29,990*
2020 Honda CR-V EX FLH625210	2022 Hyundai Kona N Line YNU838933	2021 Ford Ranger XL FMLD53410	2023 Honda Civic Si P84588	2017 Genesis G80 3.8 FHU205900	2019 Lincoln Nautilus Reserve FKBL56744	2021 Honda Pilot EX-L NMB089522
\$30,990*	\$30,990*	\$31,990*	\$32,750*	\$32,990*	\$32,990*	\$32,990*
2019 Nissan Armada Platinum YK9582327	2020 Honda Passport Touring HLB005894	2020 Jeep Grand Cherokee Trailhawk FLC117343	2017 Lincoln Navigator Select FHEL02985	2018 Mercedes-Benz C-Class C 300 4MATIC® FJF681817	2017 Mercedes-Benz C-Class C 300 4MATIC® PHF588446	2022 Audi Q3 Premium Plus S Line quattro YN1078576
\$33,990*	\$33,990*	\$33,990*	\$34,990*	\$34,990*	\$35,990*	\$35,990*
2020 Honda Ridgeline RTL-E HLB007295	2020 Jeep Gladiator Sport NLL150147	2021 Honda Odyssey Touring HMB036472	2021 Jeep Grand Cherokee L Laredo HM8151440	2017 Cadillac Escalade Luxury FHR214959	2018 Dodge Charger R/T 392 Daytona Edition YJH290394	2020 Ford F-150 XLT FLKF50266
\$36,990*	\$36,990*	\$36,990*	\$36,990*	\$38,990*	\$39,990*	\$39,990*
2021 Chevrolet Silverado 1500 LT LT1 FMZ190823	2021 Chevrolet Silverado 1500 RST FMZ125371	2021 Ram 1500 Big Horn/Lone Star YMN633132	2019 Ford F-150 XLT FKFD24982	2018 Jeep Wrangler Unlimited Rubicon FJW152170	2021 Kia Telluride SX FMG116339	2023 Ford Bronco Base P84667
\$39,990*	\$39,990*	\$39,990*	\$40,990*	\$42,990*	\$43,990*	\$49,990*
2019 Ford F-250SD Lariat FKEG83568	2021 Chevrolet Silverado 2500HD LT YMF311194	2022 Ford F-150 XLT YNKE03105	2018 Ford F-150 Raptor P84638	2022 Ford F-150 King Ranch FNC28926	2022 Ford F-350SD Lariat FNED37422	2021 Ram 1500 TRX FMN827834
\$52,990*	\$54,990*	\$55,990*	\$56,990*	\$65,990*	\$75,990*	\$79,990*



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*Pricing is plus tax, tags, doc fees, bank fee. Stock images are for illustration only.
See dealer for complete details.

Find an Additional Selection of Cars Online:

CausewayCars.com

KIDS COLORING CONTEST!

You Could Win a
\$50 Target®
Gift Card!



Simply have your child color the page, fill out the form, and either stop in to any Causeway location to drop off or mail to the address below.

Entry Deadline:
January 7th

Congratulations to Last Month's Kid's Winner!



Makenzie



Mail to: Causeway Coloring Contest • PO Box 547, Manahawkin, NJ 08050

Child's First Name _____

Age _____

School _____

Parent's Name and Phone _____

ADULT COLORING CONTEST!

You Could Win a \$50 Dollar Gift Certificate to Sweet Jenny's in Barnegat!

Congratulations to Last Month's Adult Winner!

Jenna

Must be 18 years or older. Simply color the above picture, fill out the form, and either stop in to any Causeway location to drop off or mail to the address below.

Entry Deadline: January 7th

You could win a \$50 Gift certificate to Sweet Jenny's

**Mail to: Causeway Coloring Contest
PO Box 547, Manahawkin, NJ 08050**

First Name _____

Last Name _____

Phone number _____

Residence: _____

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